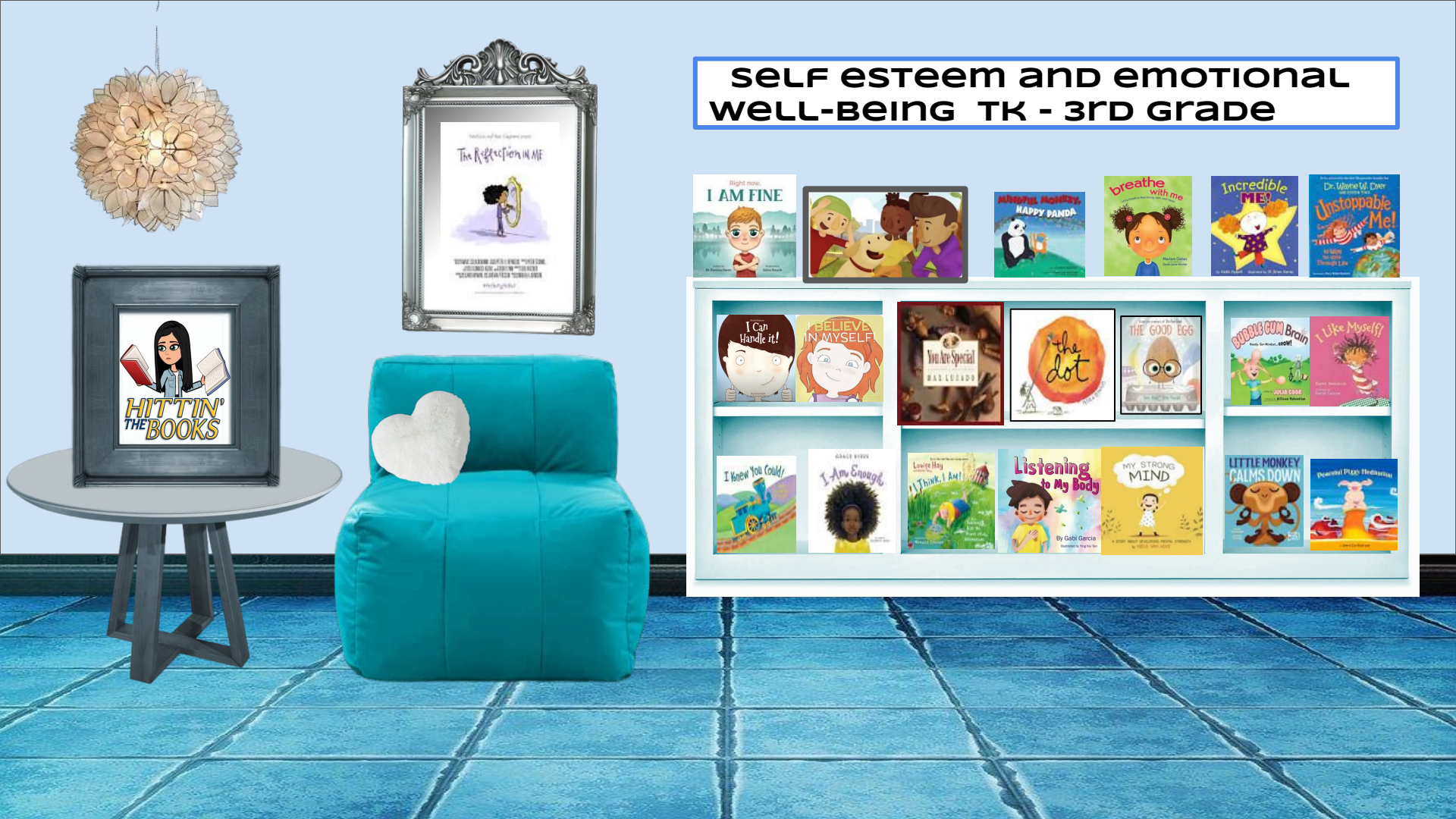Self esteem and emotional well-being TK - 3rd grade